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Background

Transgender and non-binary (TNB) individuals have lower attendance rates with breast and cervical cancer screening than cis-gender individuals (1).

Methodology



A nationwide survey among transgender and non-binary individuals

Study aim

This study aims to explore the level of knowledge, perceived barriers, personal experiences, and preferences regarding participation in cervical and breast cancer screening among TNB individuals in the Netherlands using a nationwide survey.

Results

Diverse communication preferences among TNB individuals

"If healthcare workers were to ask about my pronouns, I would actually find that very unpleasant after eight years on testosterone."
- Transgender men

"It also helps when you are addressed as you prefer and/or asked about your pronouns. That you are addressed correctly when being called in from the waiting room."
- Non-binary individual

"I want them to take it into account that I am transgender, but I don't want to notice it too much."
- Transgender woman

22%

Of transgender men experienced cervical cancer screening as traumatic

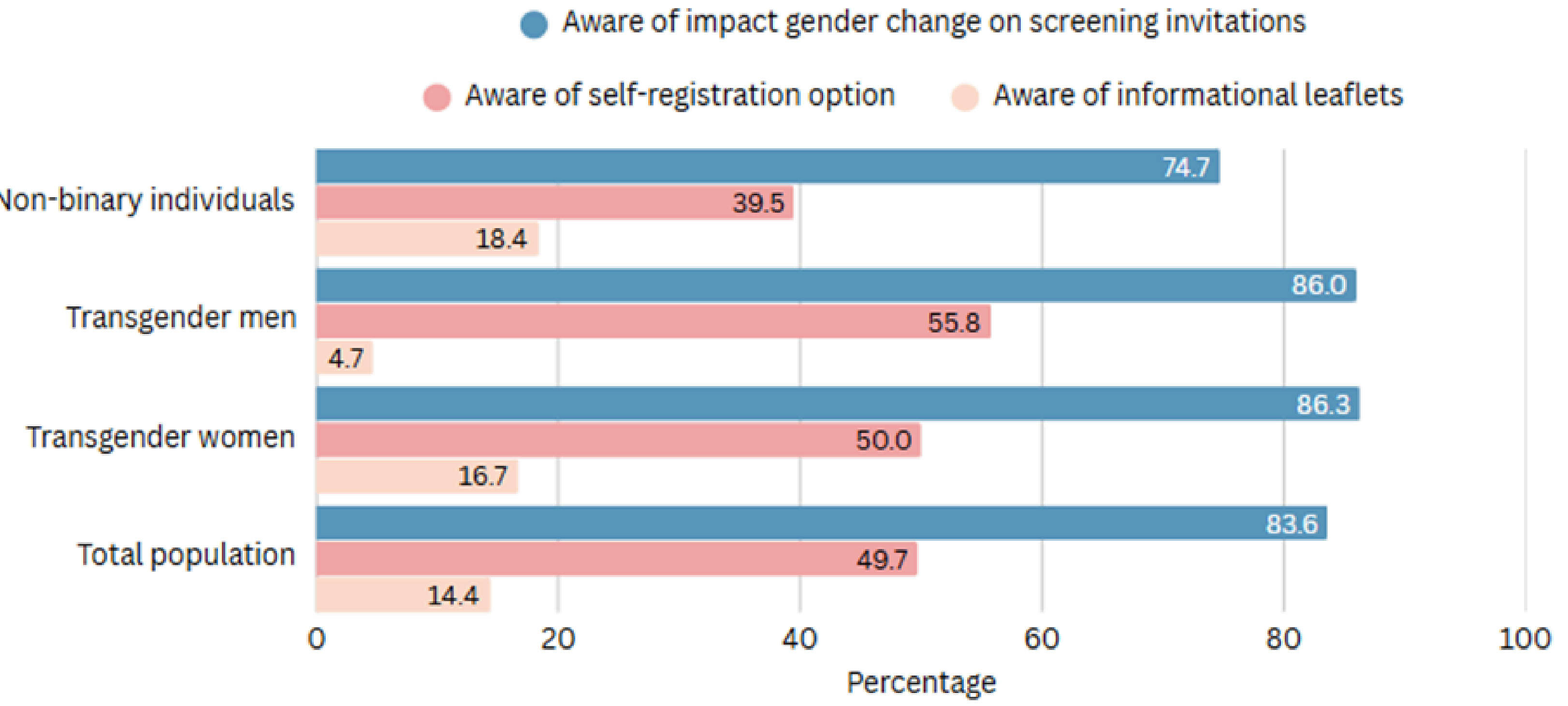
42%

Of individuals that changed their gender was informed about cancer screening by a healthcare professional

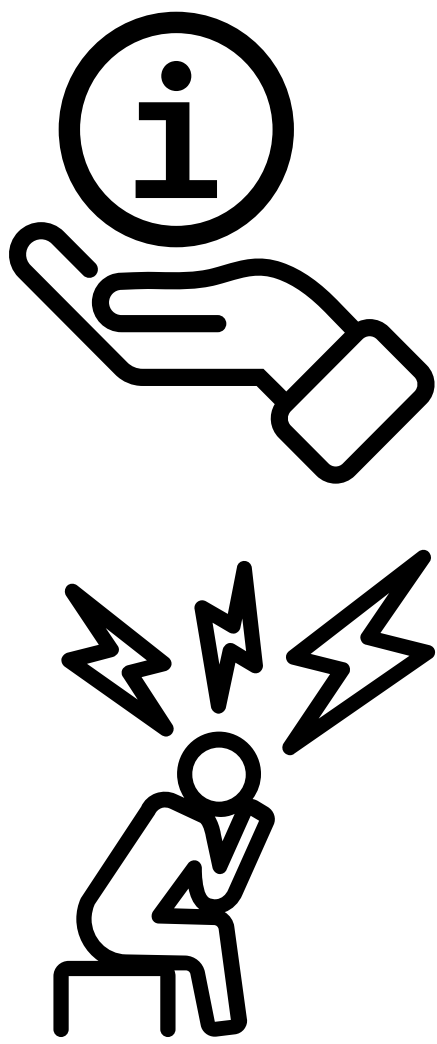
44%

Of participants reported that content and design of information material influence their decision whether they participate or not

Awareness among participants who changed their gender (N=195):

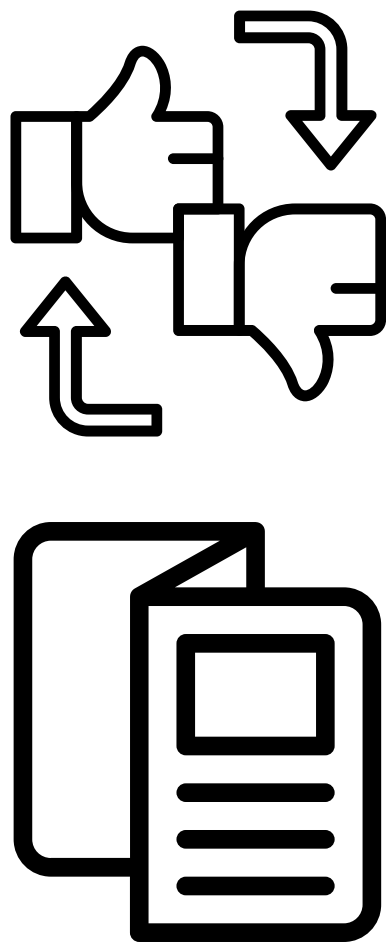


Conclusions



Limited information from healthcare professionals involved in transition and low awareness of the self-registration option.

Cervical cancer screening for transgender men can be traumatic.



Preferences regarding communication differs between transgender men and women and non-binary individuals.

Gendered information material can be a barrier to attend cervical screening

References

1) Chan A, et al. Cancer screening attendance rates in transgender and gender-diverse patients: a systematic review and meta-analysis. BMJ Evid Based Med. 2024;29(6):385-393.

Questions?

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