

Youth nurses of the Centre for Youth and Family: link between paediatrics, youth health care and the Centre for Youth and Family



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BACKGROUND

Dutch healthcare landscape has changed considerably since 1-1-2015

- Responsibility for all youth care transferred to municipalities

At the same time we noticed

- Increase in (complexity) psychosocial problems presented at outpatient clinic

Decision: develop a new integrated approach: the paediatric nurse as connecting link between

- Outpatient paediatric clinic of Amphia hospital Breda
- Youth Healthcare (YHC)
- Centre for Youth and Family (CYF) and
- Municipality of Breda

THE YOUTH NURSE OF THE CYF

- Youth nurse who works for the CYF (YN-CYF)
- Connecting link between Medical and Social Domain
- Starting point for support: 'own strength of parents and children & prevention'
- If needed: call in professional help in time



ULTIMATE GOAL OF COLLABORATION

- Provide best suitable support in a faster way
- Greater satisfaction of parents and children with support offered
- Better connection between Medical and Social Domain

SCIENTIFIC STUDY

Aim

Examine whether and how implementation of PN-CYF results in better connection between care provided from different domains

Research question answered in this presentation

How do PN-CYF experience the integral approach?

INTEGRATED APPROACH

Intervention

Direct referral to PN-CYF:

Home visit with clarification request for help

→ advice, direct support or reference to best suitable care

Follow-up and feedback to peadiatrician

(if necessary) introduction follow-up care

TARGET AUDIENCE

Target audience

Children (0-18 yrs) with psychosocial/psychosomatic problems who visited outpatient clinic of Amphia hospital (2017-2019)

Not included in the study

Children with severe psychiatric or (complex) medical problems in which acute care as to be initiated and medical treatment can not be delayed

METHOD

Process evaluation

Semi-structured interviews with PN-CYF concerning their experience with the integrated approach

RESULTS: FAMILY SYSTEM

PN-CYFs play a key role in:

- Creating
 - insight in the situation at home
 - local support or referral if needed
- Clarifying
 - request for help
- Normalizing
 - sometimes normalizing situation

RESULTS: PROFESSIONAL SYSTEM

PN-CYFs play a key role in:

- Signalling
 - issues that should not necessarily be presented to the paediatrician/ to be solved by a paediatrician
- Advising
 - colleagues of Youth Healthcare and the CYF concerning social and medical problems
- Connecting
 - Youth Healthcare
 - CYF
 - Paediatrics

CONCLUSIONS

- Implementation of PN-CYF as connecting link between paediatrics, YHC and CYF improves connection and collaboration between Medical and Social domain
- It improves care for youth and their family system

COLLABORATORS TO THIS STUDY

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